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Users' Instructions



Ferno Customer Service

For ordering assistance or general information:

AUSTRALASIA

Ferno Australia, 11 Johnstone Road

Brendale, Queensland 4500, Australia			
Telephone:	+61 7 3881 4999		
Fax:	+61 7 3881 1125		
Email:	info.au@ferno.com		
Web:	www.ferno.com.au		

CANADA AND THE U.S.A.

Telephone (toll-free):	1.877.733.0911
Telephone:	1.937.382.1451
Fax (toll-free):	1.888.388.1349
Fax:	1.937.382.1191
Web:	www.ferno.com

EUROPEAN REPRESENTATIVE

Ferno S.r.I.		
Telephone:	+39 051 686 0028	
Web	www.ferno.it	

UNITED KINGDOM

Ferno (UK) Limited		
Telephone:	+44 1274 851 999	
Web:	www.ferno.com/uk	

ALL OTHER LOCATIONS

For assistance or information, please contact your Ferno distributor. If you do not have a Ferno distributor, please contact Ferno Australia.



MD



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Ferno S.r.l via B. Zallone, n. 26, 40066 Pieve di Cento, Bologna, Italy +39 051 6860028



Ferno (UK) Limited Stubs Beck Lane, Cleckheaton West Yorkshire BD19 4T, United Kingdom +44 1274 851999



Ferno Australia

11 Johnstone Road, Brendale, Queensland 4500, Australia Tel: +61 7 3881 499 / Email: info.au@ferno.com





USERS' MANUALS

Scan the QR code to access the latest version of this Manual and translated versions, or visit **www.ferno.com.au**.

Disclaimer

This manual contains general instructions for the use, operation and care of this product. The instructions are not all-inclusive. Safe and proper use of this product is solely at the discretion of the user. Safety information is included as a service to the user. All other safety measures taken by the user should be within and under consideration of applicable regulations and local protocol. Training on the proper use of this product must be provided before using this product in an actual situation.

Retain this manual for future reference. Include it with the product in the event of transfer to new users. Additional free copies are available upon request from Customer Relations.

Proprietary Notice

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Limited Warranty Statement

The products sold by Ferno are covered by a limited warranty. The complete terms and conditions of the limited warranty, and the limitations of liability and disclaimers, are also available upon request by contacting Ferno Australia via email: **info.au@ferno.com**.

Adverse Event Notice

In the event of an adverse event or serious incident related to the use of this device, the end user/operator must report the incident to Ferno Australia, 11 Johnstone Road, Brendale Queensland 4500 Australia, +61 7 3881 4999 or via email to **info.au@ferno.com**. If the incident occurred in the European Union, report it to Ferno's Authorised EU Representative and the competent authority of the Member State in which the end user is established.



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3



1 - Safety Information

1.1 Warning

Warning safety alerts indicate a potentially hazardous situation that, if not avoided, could result in injury or death.

The following warnings appear in this manual.

⚠ WARNING

Untrained operators can cause injury or be injured. Permit only trained personnel to operate the XTRIC8.

Improper use of the XTRIC8 can cause injury. Use the lifting bridle only for the purpose described in this manual.

Improper operation can cause injury. Operate the XTRIC8 only as described in this manual.

An unrestrained or improperly restrained patient can be injured. Always secure the patient in the XTRIC8 with the XTRIC8's integrated restraint system plus any other restraint system appropriate to the rescue situation.

Modifying the XTRIC8 can cause injury and damage. Use the XTRIC8 only as manufactured and sold by Ferno.

Improper maintenance can cause injury or damage. Maintain the XTRIC8 only as described in this manual.

Improper parts and service can cause injury. Use only Ferno approved parts and service on the XTRIC8.

An unattended patient can be injured. Stay with the patient at all times.

Attaching improper or inappropriate items to the XTRIC8 can cause injury. Use only Ferno-approved items on the XTRIC8.

1.2 Notice

Notices emphasise important but not hazard-related information. Failure to follow Notices could result in product or property damage.

NOTICE

Rescue procedures using ropes, harnesses, bridles and other Personal Protective Equipment (PPE) require special skills and are potentially hazardous activities. No rescue personnel should attempt such rescue procedures unless they have received professional instruction and training.

Ensure all straps are fastened and tensioned. DO NOT overtension. Allow for at least one 'flat' hand space between the strap and the patient's body.

1.3 Tips

Tips provide recommendations for easier use of the product.



1.3 Bloodborne Disease Notice

To reduce the risk of exposure to bloodborne diseases such as HIV-1 and hepatitis when using the XTRIC8, follow the disinfecting and cleaning instructions in this manual.

1.4 Safety Labels

Labels place important information from the Users' Manual on the XTRIC8. Read and follow label instructions. Replace worn or damaged labels immediately.

The product information label is fixed to the sled's roll-up storage strap and contains important information regarding the unit and date of manufacture. A sample of the identification tag is illustrated below.



The product information label is fixed to the XTRIC8 Lifting **Bridle** and contains important information regarding the unit and date of manufacture. A sample of the identification tag is illustrated below.

XTRIC8 Bridle	LOAD LIMIT: SOO KG	C BD Ferne S.a.L. via 8. Zallone, n. 26. 40066 Pieve 6 Centis, Bologna, Haly +39.051 6400028	UDI-PI CODE
● FWE-2063 ☞ ~~ ■	Ferro Australia Pty Ltd 11 Johnstone Rd BRENDALE QLD 4500 AUS info aupferio.com	UK REP Fernio (UK) Limited Stubs Beck Lane, Cleckheaton West Torkshire 8019 47, UK +44 1274 851999	ODI-FI CODE

1.6 Glossary

Symbols appearing in identification labels

REF	Product Code
SN	Serial Number
LOT	Batch Number
M	Date of Manufacture
Σ	Date of Expiry / Retirement
i	Read User Instruction Manual before using
	Manufacturer
â	۸ Maximum weight rating



Maximum weight rating when lifting the XTRIC8 in a horizontal or vertical orientation.

250 KG



2.1 Skills

Operators using the XTRIC8 need:

- A working knowledge of emergency patient handling procedures.
- The ability to assist the patient.
- A complete understanding of the procedures described in this manual.
- Follow local protocols and guidelines as set down by your organisation.

2.2 Training

Trainees need to:

- Follow a training program designed or approved by their training officer.
- Read this manual. For additional free users' manuals, contact Ferno Customer Service.
- Practice with the XTRIC8 before using it in regular service.
- Be evaluated and tested on their understanding of the XTRIC8.
- Record their training information. A sample form is provided on page 18.

▲ WARNING

Untrained operators can cause injury or be injured. Permit only trained personnel to operate the XTRIC8.



3.1 Description

The XTRIC8 (pronounced Extricate) **Rescue Sled** is a rescue device designed for safely packaging and moving patients in high angle, confined space, horizontal and vertical rescue operations.

The XTRIC8 is not intended as a spinal immobilisation device, but is compatible with devices that stabilise and immobilise the spine such as Ferno KED Pro, KED, Ferno XT, Ferno scoop stretchers, half spine boards and cervical collars.

HORIZONTAL LIFTING LOAD LIMIT VERTICAL LIFTING LOAD LIMIT 350 kg 770 lb

3.2 General Specifications

XTRIC8 RESCUE SLED			
Product Code	FWE XTRIC8		
	1 x Rescue Sled, pre-rigged with internal patient harness, external restraints, external straps and handles.		
Inclusions	1 x Maillon Rapide for vertical lifting		
	1 x Colour coded 4-Point Lifting Bridle		
	1 x Storage Bag with backpack straps		
Length	2540 mm		
Width - Widest Point	914 mm		
Weight - XTRIC8 only (rigged)	7 kg		
Weight - XTRIC8 (rigged) and Bag	8.5 kg		
Load Limit - XTRIC8	350 kg - HORIZONTAL / 250 kg - VERTICAL		
XTRIC8 LIFTING BRIDLE			
Weight - Lifting Bridle	0.9 kg		
Load Limit - Lifting Bridle	500 kg		
Bridle Karabiners	VYO N-2853G - Aluminium Alloy (SAE 7075) Triple Action Karabiner		
Bridle Karabiner Dimensions	124 mm x 80 mm / Gate Opening : 22 mm		
Bridle Karabiner Ratings Minimum Tensile Strength: 23 kN / Minimum Gate Strength: 16 kN			
Bridle Karabiner Standards	ridle Karabiner Standards ANSI Z359.12-2019; CSA Z259.12-16; EN 362:2004		

Ferno and manufacturers of components reserve the right to change specifications without notice.

 General specifications are rounded to the nearest whole number. Metric conversions are calculated before rounding the English measurements. For more information, contact Ferno Customer Service or your local distributor.

3.3 XTRIC8 Components

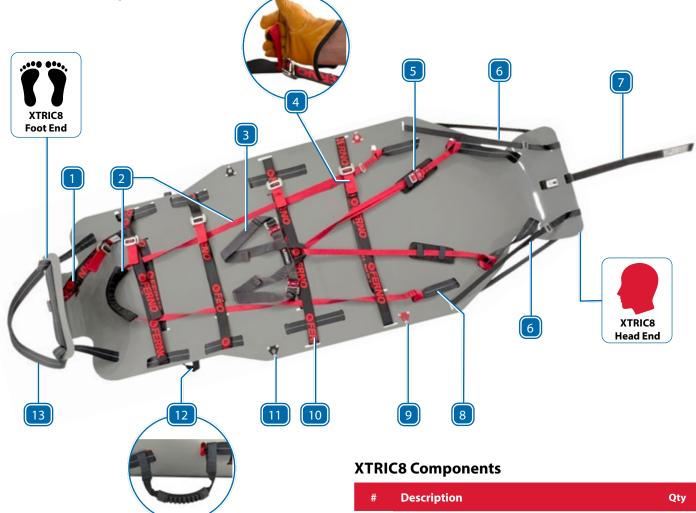


XTRIC8 LIFTING BRIDLE

3 - About the XTRIC8 Rescue Sled



3.3 XTRIC8 Components





#	Description	Qty
1	External Foot Retention Strap	1
2	Internal Foot Stand Harness	1
3	Internal Patient Harness - Leg Straps	2
4	Quick Release Tab for Buckles	4
5	Internal Patient Harness - Adjustable Shoulder Strap	2
6	Shape Retention Strap	2
7	Roll-Up Storage Strap	1
8	External Perimeter Restraint	1
9	Horizontal Lift - Bridle Attachment, Head End (Red)	2
10	External Restraint Straps	4
11	Horizontal Lift - Bridle Attachment, Foot End (Black)	2
12	Carry / Lifting Handles	6
13	Foot End Drag Handle for sledding the XTRIC8 or attaching a tag line to	1
14	Vertical Lifting Strap with Maillon (Head End)	1

4 - XTRIC8 Features



4.1 Before Placing into Service

- 1. Remove XTRIC8 from its bag and record serial numbers and other relevant information (Figure 1).
- 2. Inspect XTRIC8 and ensure it is damage free.
- 3. Peel off the protective film from the inside surface of the XTRIC8 (Figure 2).
- Before and after each use, inspect the XTRIC8 buckles, materials and webbing components. If there are any signs of damage, DO NOT use XTRIC8 and remove it from service immediately.

4.2 XTRIC8 Restraints

The XTRIC8 is fitted with an integrated restraint system comprising:

- 1. An internal body harness which secures the patient to the sled's interior, and
- 2. Four adjustable external restraint straps that secures the patient and the keeps the XTRIC8's shape once it is wrapped around the patient.

These restraints supplement equipment you will typically used to tie in a patient in a high-angle scenario.

Only use the XTRIC8 restraints for securing the patient into the sled, and the provided handles for lifting by hand.

EXTERNAL RESTRAINTS

XTRIC8 restraints use an upgraded slotted buckle system which are easier to secure in the field (Figure 3).

To fasten two straps together:

- 1. Thread the male buckle through the underside of the slotted female buckle (Figure 4).
- 2. When the buckles are threaded together, pull slightly on the free tail end of the webbing to ensure the two buckle halves are firmly seated together (Figure 5).

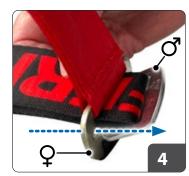
Tighten the restraint by pulling on the free end of the webbing.

Loosen the restraint by pulling the red quick release tab toward the buckle and continue pulling until the restraint is as loose as desired (Figure 6).















5 - Preparing the XTRIC8 for use

FERNO® XTRIC8 RESCUE SLED

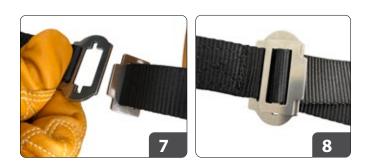
SHAPE RETENTION STRAPS (Figure 2)

When tightened, the Shape Retention Straps cause the head end of the XTRIC8 to form a protective barrier around the patient's head.

Fastening strap buckles:

- Align and feed the male buckle through the female buckle (Figure 7).
- 2. Ensure the joined buckles are seated flat against each other (Figure 8).

Tighten the retention straps by pulling on the free end of the webbing.



5 - PREPARING THE XTRIC8 FOR USE

5.1 Guidelines for Use

- Using the XTRIC8 requires a minimum of two trained operators. In most situations, operators will want or need additional help. Follow standard emergency patient-handling procedures when using the XTRIC8.
- Stay with the patient at all times. Always use the patient restraints provided, as well as any supplementary restraining system in accordance with your organisation's protocols, and the situation.
- Use the appropriate techniques, equipment and procedures when using the XTRIC8 in high-angle rescue.

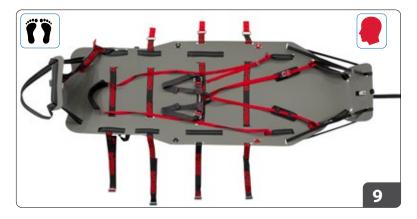
5.2 Preparing to receive the Patient

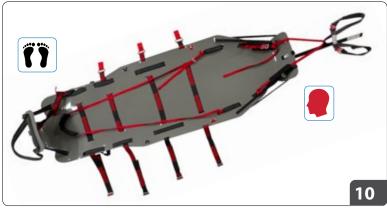
- 1. Remove the XTRIC8 from its bag and unroll it flat.
- 2. Unbuckle the external restraint straps and lay each strap outwards, away from the XTRIC8 (Figure 9).
- Without releasing any buckles, lay the internal patient harness up and over the XTRIC8's head-end (Figure 10).

\land WARNING

An unattended patient can be injured. Stay with the patient at all times.

An unrestrained or improperly restrained patient can be injured. Always secure the patient in the XTRIC8 with the integrated restraint systems plus any other restraint system appropriate to the rescue situation.





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6.1 Placing & Securing the Patient

PLACING THE PATIENT

Tip

The XTRIC8's centre of gravity is between the head and foot end bridle attachment points. For optimal positioning, place the patient's hips / buttocks within the two external restraints nearest the head end (Figure 11).

NOTE: The XTRIC8 Rescue Sled is not intended as a spinal immobilisation device.

Patients suspected of or suffering spinal injury should be appropriately stabilised and immobilised before they are secured into the XTRIC8.

The XTRIC8 is compatible with the following spinal immobilisation devices:

- Ferno KED PRO
- Ferno KED
- Ferno XT
- Ferno EXL Scoop Stretcher
- Ferno 65 Scoop Stretcher
- Saver 265 Scoop Stretcher
- Half spine boards

1. Place the patient onto the XTRIC8:

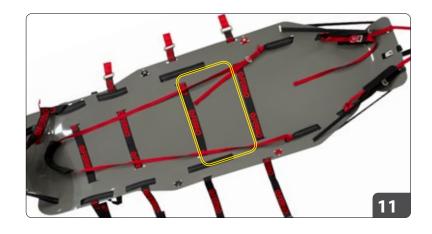
- Lay the patient on to the prepared XTRIC8, noting the optimum centre of gravity. The patient will be laying on top of the opened external restraint straps (Figure 12).
- Position the internal foot stand harness under the arches of the patient's feet and adjust the strap length so there is no slack in the foot stand harness (Figure 12 inset).

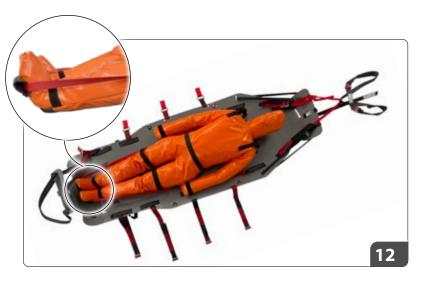
2. Secure the patient to XTRIC8 with the internal patient harness:

 Lay the internal harness over the patient and position the harness' pelvic and leg strapover the patient's hips. Undo the leg strap buckles and adjust the strap lengths as necessary.
Feed the right leg strap starting between the patient's legs, around the right hip and connect to the right-hand-side buckle on the pelvic strap. Repeat these actions for the left leg. Adjust and tighten the leg straps for a comfortable fit (Figure 13).



If preparing for a vertical lift, leave the shoulder straps loose until the patient is raised into the vertical position.







6 - Using the XTRIC8

Tip



3. Wrap the XTRIC8 around the patient:

- Take both halves of the waist-level external restraint straps and connect them together.
 Gradually tighten the external straps. This will make the XTRIC8 sides wrap around the patient.
- Continue connecting the external straps until all four (4) external restraints are adjusted and securely fastened.
- Adjust the foot strap to form a protective barrier for the patient's feet, and to retain the XTRIC8's shape (Figure 14).
- Tighten the shape retention straps to form a protective shield around the patient's head (Figure 15 (A)).
- The patient is ready for extraction (Figure 15)





DISCONNECTING EXTERNAL RESTRAINTS

When disconnecting external restraints, it is more efficient to work from the side where the slotted female buckle and the red Quick Adjustment Tabs are located.

6.2 Methods of Extraction

There are four possible methods of extraction:

- 1. Carry Handle Method
- 2. Horizontal Lifting Method High Angle Rescue
- 3. Vertical Lifting Method High Angle Rescue
- 4. Dragging Method

1. Carry Handle method

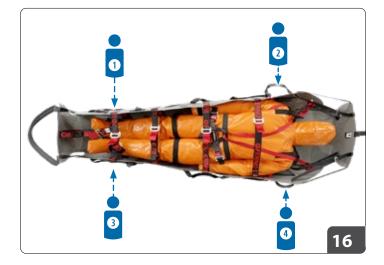
The XTRIC8 has six easy-grip carry handles. A minimum of four people should carry the XTRIC8, two on each side (Figure 16).

- 1. Each operator grasps a carry handle.
- 2. In a coordinated action, lift the XTRIC8 and proceed to the desired location.

If additional people are required to assist, use an even number of people and position them around the XTRIC8 so the load / weight is evenly shared. Operators should maintain control of the XTRIC8 and provide direction to helpers or assistants.

NOTICE

Refer to local protocols and guidelines regarding manual handling and lifting of persons or objects.





6 - Using the XTRIC8

2. Horizontal Lifting Method

Equipment required - XTRIC8 Lifting Bridle (Figure 17).

The colour coded lifting bridle is pre-set to provide the optimum horizontal lifting angle.

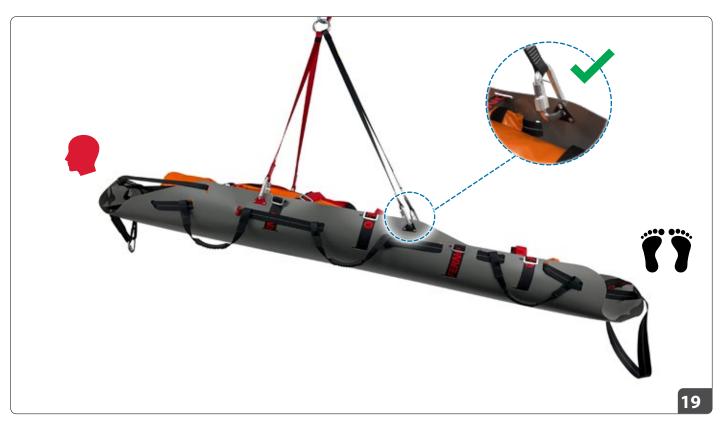
- Attach the red-coloured bridle legs to the red coloured lifting attachment points - one karabiner per attachment point (Figure 18). Ensure karabiner gates face towards the inside of the XTRIC8 (Figure 19, inset image)
- 2. Attach your method of extraction to the lifting bridle O-ring. This is the connection point for horizontal lifting.
- 3. The XTRIC8 with packaged patient is ready for horizontal lifting.

NOTICE

Ensure any high-angle or rope-access equipment used in conjunction with the XTRIC8 has a loadrating that is equal to or greater than the XTRIC8.









3. Vertical Lifting Method

This operation requires a minimum of two people.

The XTRIC8 is pre-rigged with vertical lifting straps and a maillon.

1. Ensure the patient is fastened inside the internal patient harness and the XTRIC8 is securely wrapped around the patient as detailed in Placing and Securing the Patient (page 9-10).



Remember to leave the shoulder straps loose until the patient is raised into the vertical position.

- 2. Tie a tag line to the foot end Drag Handle to control motion during vertical lifting or lowering.
- 3. Connect the lifting/lowering rope or hoist to the maillon.
- 4. Position one operator on each side of the XTRIC8 to manually assist in raising the patient from horizontal to vertical (Figure 20).
- 5. While continuing to support the patient in the vertical position, reduce any excessive slack in the internal harness shoulder strap but do not over-tighten (Figure 21).
- 6. The XTRIC8 with packaged patient is ready for vertical lifting (Figure 22).



NOTICE

Personnel using the sled in high-angle rescue situations are responsible for knowing the techniques involved and for selecting the equipment and procedures best suited to each rescue situation.







4. Dragging the XTRIC8

To protect the patient's head, it is recommended drag the XTRIC8 from the foot end.

Dragging from the foot end

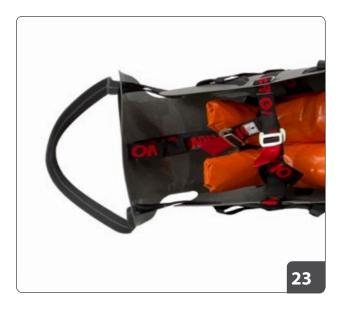
Use the Drag Handle located on the foot end (Figure 23).

Dragging from the head end

Use the maillon at the head end. Extra care should be taken during manoeuvres to protect the patient's head if dragging from the head end.

NOTICE

Depending on ground conditions, the friction generated during dragging may abrade or weaken the XTRIC8 sled shell.



7 - STORAGE, INSPECTIONS & MAINTENANCE

7.1 Storing the XTRIC8

- 1. Lay the XTRIC8 on the ground and roll it out so the entire sled and its restraints are exposed. Ensure the restraints are buckled but not tensioned.
- 2. Tightly roll the XTRIC8 starting from the foot-end and progressing towards the head-end (Figure 24).
- 3. Once the XTRIC8 is rolled up, secure the roll with the hook and loop roll- up storage strap. Thread the strap through the buckle, tighten and stick down the strap.
- 4. Place the rolled XTRIC8 into its carry bag, and seal it by folding the bag's opening several times and securing the closure buckles.

Store the XTRIC8 in its bag away from direct sunlight and protected from dust, moisture and corrosive environments.



7 - Storage, Inspections & Maintenance



7.2 Maintenance Schedule

The XTRIC8 requires regular maintenance. Set up and follow a maintenance schedule. A sample form is provided in this manual. The schedule below represents minimum maintenance and you should modify your own program based on your needs.

As well as inspecting the XTRIC8 before and after each use, it must be inspected by a competent person every 6 months and must be recorded in the equipment inspection manual for this device.

When using maintenance products, follow the manufacturers' directions and read the manufacturers' material safety data sheets.

PROCEDURE	FREQUENCY	
Disinfecting	Each Use	
Cleaning	As Needed	
Inspecting	Before and After each Use	
Scheduled Inspection	Six monthly (minimum)	

\land WARNING

Improper maintenance can cause injury. Maintain the XTRIC8 only as described in this manual.

7.3 Disinfecting and Cleaning the XTRIC8

- The XTRIC8 and webbing restraints may be wiped clean after use. The XTRIC8 and restraints may also be washed in warm water with a mild soap such as Ferno Rope & Harness Wash. Once stains are removed, rinse in clear water. Do not use excessive force or abrasive items in the cleaning process. Do not use cleaners / disinfectants containing bleach, phenolics, iodides or petroleum.
- The cleaned XTRIC8 sled can be wiped dry. Webbing straps should be hung out to air dry in a warm, well ventilated area away from direct sunlight or heat source. Do not tumble dry restraints.
- 3. Once completely dry, inspect the entire unit and ensure all components are operational and in good condition.
- 4. Roll the XTRIC8 up, secure it with the storage strap and pack it into its bag. For storage instructions, refer to *Storing the XTRIC8*.

NOTICE

Disinfectants and cleaners containing bleach, phenolics, iodides or petroleum can cause damage to the XTRIC8 shell and webbing. Disinfect and clean only with products that do not contain these chemicals.

REMOVING / REINSTALLING RESTRAINTS

Photograph the XTRIC8 with restraints in place before removing the restraints for washing. The photos will serve as a quick reference as to where carry handles and restraints should be re-fitted.



7.4 Inspecting the XTRIC8

After Each Use

Use the guide below to inspect the XTRIC8 and the XTRIC8 Lifting Bridle after each use.

Are all components present? (If unsure, refer to XTRIC8 Components, page 7)
Is all webbing in good condition with no cuts or frayed edges?
Is webbing stitching in good condition with no frayed or broken threads?
Are the adjustment buckles operational and do they insert and release smoothly?
Is the XTRIC8 shell intact without cracks and distortion? Does the XTRIC8 underside show signs of excessive abrasion from dragging?
Are the Lifting Bridle karabiners and O-ring and the vertical lifting maillon in a good condition and free from any wear, fractures or distortion?

If inspection shows damage or excessive wear, remove the XTRIC8 from service for further inspection or retirement. **Do not attempt to** repair or replace any materials or components.

Periodic Inspections

The XTRIC8 should be inspected periodically by a competent person at least once every six months, after any adverse events involving the XTRIC8 or if there is any doubt to the condition of the product. **After inspection, monitor any items that are marked as 'Fair'**.

INSPECTION	GOOD	FAIR	FAIL
Identification Labels			
Is the product identification label present and legible on the XTRIC8 Rescue Sled?	0	0	0
Is the product identification label present and legible on the XTRIC8 Lifting Bridle?	0	0	0
Check that the product lifetime has not been exceeded (10 years from date of manufacture)	0		0
Webbing - XTRIC8 plus XTRIC8 Lifting Bridle			
Does webbing have any cuts or tears?	0	0	0
Is there any abrasion damage, especially where there is contact with hardware?	0	0	0
Are there signs of excessive stretching?	0	0	0
Is there visible damage due to heat, corrosives or solvents?	0	0	0
Is there deterioration due to rotting, mildew or UV exposure?	0	0	0
Sewing - XTRIC8 PLUS XTRIC8 Lifting Bridle			
Are there any broken, cut or worn threads?	0	0	0
Are there signs of damage or weakening thread due to contact with heat, corrosives, solvents or mildew?	0	0	0
Karabiners and O-Ring - XTRIC8 Lifting Bridle			
Is there any distortion, cracks or forging folds in the karabiners and O-ring?	0	0	0
Do the karabiners open smoothly and lock securely?	0	0	0
Restraint Buckles - XTRIC8			
Do the internal harness quick-connect buckles connect and disconnect smoothly without sticking?	0	0	0
Are all the slotted buckles present?	0	0	0
Do the slotted buckles connect and seat together well?	0	0	0
Are there any cracks or jagged edges present?	0	0	0
XTRIC8 Shell			
Are there deep gouges or abrasion that would affect the integrity of the shell?	0	0	0
Is there visible damage due to heat, corrosives or solvents?	0	0	0
Are the head-end and foot-end attachment point plates securely attached to the XTRIC8 shell?	0	0	0
Are all the fasteners securing the attachment point plates present and in good condition?	0	0	0



8.1 Spare Parts

PART #	DESCRIPTION	QTY
FWE-XTRIC8 BAG	XTRIC8 Bag	1
FWE-2063	XTRIC8 Lifting Bridle	1
BRH-BPH	Ferno Basket Patient Harness	1
FWE-XTRIC8 FS	XTRIC8 Foot Strap Harness	1
FWE-XTRIC8 PH	XTRIC8 Rubber Handle Assembly	1
FWE-XTRIC8 4R	XTRIC8 External Restraints - set of 4	1
FWE-XTRIC8 EPRM	XTRIC8 External Perimeter Restraint & Maillon	1



SAMPLE - TRAINING RECORD					
Date	Name	Training Method			

SAMPLE - INSPECTION & MAINTENANCE RECORD

Supplier Details:

Serial Number:			Date of Manufacture (DOM):	
Batch Number:			Commissioned Date:	
DATE	NAME	Inspection (I) Maintenance (M)	DETAILS	

